

Rocky Mountain Dance

2020-2021



DANCER'S DIRECTORY

Contact Information:

Studio: 801-971-2011

Director: Trisha Wilstead 801-808-5436

info@rockymountaindance.com

Mailing Address: PO Box 687 Riverton, Utah 84065

Studio Address: (North Studio) 1277 W 12650 S Riverton- Ridge Top Plaza

(South Studio) 1274 W 12700 S Riverton- Ridge Top Plaza

WELCOME to Rocky Mountain Dance. We are so excited to have you dancing with us during our 20th season!!! We are looking forward to an amazing year. At RMD, we are committed to offering quality dance instruction in a positive motivating and safe environment. Each student is important to us and we thank you for entrusting your child's training to us.

Please read through the directory carefully and use it as a reference for questions that you may have throughout the year.

Our studio number is 801-971-2011. Calls will be taken at this number during our office hours which are Monday-Thursday 4:00-8:00 p.m. and Friday 3:30-6:30 p.m.

For questions that can't be answered during office hours, including questions regarding your account, please email info@rockymountaindance.com.

**Studio Director: Trisha Wilstead
Office Manager: Shakelle Gonzales**

Email is the primary source of communication at RMD. Please add the email info@rockymountaindance.com to your contacts to ensure you receive information throughout the year. We will also post information on our website www.rockymountaindance.com. Please join us on our RMD Facebook and Instagram social media sites as well.

While our faculty members are more than happy to answer any questions you may have, before or after class, we appreciate you not contacting them at home. The director or office manager will address all questions and concerns through the email listed above.

We appreciate you taking the time to familiarize yourself with our studio policies. We encourage returning, as well as new students and parents to read through the directory carefully.

★ New information specific to the 2020-21 will be marked- please pay extra attention to these new policies

Rocky Mountain Dance 2020-21 classes will begin Tuesday, September 8th and continue through Saturday, May 29th 2021.

2020-2021 CALENDAR

SEPTEMBER	
8 th	CLASSES BEGIN/ FIRST QUARTER TUITION DUE
OCTOBER	
19 th -24 th - 31 st	NO CLASSES- FALL RECESS NO CLASSES- HALLOWEEN
NOVEMBER	
16 th 25 th – 28 th	COSTUME FEES DUE NO CLASSES-THANKSGIVING BREAK
DECEMBER	
1 ST 11 th 12 th 21 st -31 st	SECOND QUARTER TUITION DUE BALLET DRESS REHEARSAL BALLET PERFORMANCES NO CLASSES-WINTER BREAK
JANUARY	
1 st -2 nd 4 th 18 th	NO CLASSES WINTER BREAK CLASSES RESUME NO CLASSES- MARTIN LUTHER KING
FEBRUARY	
15 th	NO CLASSES- PRESIDENTS DAY
MARCH	
1 st TBA TBA 29 th -31 st	THIRD QUARTER TUITION DUE COMPETITION PREVIEW SOLO PREVIEW NO CLASSES- SPRING BREAK
APRIL	
1 st -3 rd 10 TH 24 TH	NO CLASSES- SPRING BREAK ARISE COMPETITION (COMPANY CLASSES ONLY) ASPIRE COMPETITION (SELECTED CLASSES SEE PG 7)
MAY	
8 TH 14 th 15 th 17 th -21 st 24 TH -27 TH 29 th	GOTTA MOVE COMPETITION (SELECTED CLASSES SEE PG 7) DRESS REHEARSAL SPRING PERFORMANCE BALLET EXAMINATIONS AUDITIONS FOR 2019-20 COMPANIES LAST DAY OF CLASSES

**We are still in the process of scheduling our tumbling demonstration as well as our class pictures. We will get those dates to you as soon as possible.

DRESS CODE

The dress code at Rocky Mountain Dance is designed to encourage unity and discipline in the classroom. We appreciate parent's help in making sure that students adhere to the following policies:

BALLET CLASSES

Pre-School -Level 1

Tights- Body Wrappers C80 (footed) or C81 (convertible)

Ballet Shoes- Pink Capezio 212C Leather full sole

Class Leotard (purchased from RMD)

Level 2 and up

Tights-Body Wrappers C45 (child) or A45 (adult)

Ballet Shoes- Pink Canvas Split Sole

Class Leotard (purchased from RMD)

New lower leotard pricing!



Pre-School through Pre-Ballet: \$20.00

Ballet 1-5, Petite & Demi Company: \$25.00

Mini Company & Up: \$30.00

Hair must be worn pulled back **neatly** into a bun- for questions on how to do a proper ballet bun please visit princesshairstyles.com.

JAZZ, HIP HOP & CONTEMPORARY CLASSES CLASSES

Options for tops: Studio Tank- preferred – Dancers must order through the studio
Class Leotard or Black or Red Tank
*T- shirts allowed for Hip Hop only

Option for bottom: Black or Red Spankies (of appropriate length), Black Capri or Jazz pant
*Sweat pants allowed for hip-hop only

Shoes: Jazz: Pre-Jazz- Level 1 Nude Foot Undies
Level 2 & up Nude Dance Paws
Contemporary: Canvas Pirouette
Hip Hop: Converse type shoes with white soles (no black) Shoes must be new and worn in the studio only. Please do not wear shoes that have been worn outside as they ruin our dance flooring.

Hair worn back in ponytail or bun

TUMBLING CLASSES

Short Unitard of choice or Studio Tank with Spankies - Bare feet - Hair Pulled back neatly in a low ponytail



Dancers not adhering to the dress code, whether it be attire or hair, will receive a reminder of our policies. If a dancer receives three reminders, the studio director will contact the parent in order to discuss the situation.

ATTENDANCE

It is very important that dancers attend classes regularly and on time. There is no tuition credit for missed classes. Dancers with repeated unexcused absences may not be allowed to perform, as it is difficult to rehearse with dancers missing. If you will be missing class please notify us – info@rockymountaindance.com.

★ If a dancer has three unexcused or excessive excused absences, the director will contact the parent in order to discuss the situation. All absences due to illness will be excused. Please see our section on our COVID-19 policies.

We appreciate parents picking up their children immediately following class, particularly those taking the last class of the evening. Instructors will wait with the students until all are picked up so we appreciate your cooperation by being on time.

TUITION AND FEES

★ All accounts must maintain an active credit card on file. Tuition will be billed and your card will be ran on the first day of your billing cycle. Cards on file will not be charged if the account balance is paid through check or cash prior to the first day of your billing cycle.

Tuition will be paid in three equal payments due on the first class of September, December and March. Monthly payment plans are not preferred but can be arranged for special circumstances. If a card on file is declined or expired you will be notified and will have until the 10th of the month to update it to avoid a \$10.00 late fee. There is a \$15.00 fee for all non-sufficient funds..

DISCOUNTS- A 10% discount off of a dancers first class is offered to families with multiple students enrolled at Rocky Mountain Dance. A multiple class discount of 15% is also applied.

REGISTRATION FEE- \$50.00 per student. This annual fee is due upon registration and is non-refundable.

PERFORMANCE FEE- A \$20.00 (per family) performance fee is also due upon registration and is non-refundable. This fee goes to help cover the costs of our performances and competitions. Due to increased building rentals imposed by the Jordan School District, a minimal admission to the performances will also be charged.

★ **DROPPED CLASSES- Registration at Rocky Mountain Dance is a September through May commitment.** In the event that a dancer needs to drop a class before the end of the season, parents must let the director know in writing by the first of the month. Parents will continue to be financially responsible for tuition and other charges up until the date that RMD receives notice or through the month if not notified by the 1st. Dancers withdrawing after August 1st will be responsible for the first quarter tuition payment. Dancers withdrawing after March 1st will be responsible for the third quarter tuition payment.

COSTUME FEES- Dancers will purchase a costume for each routine they perform in. In most cases, costumes will be worn for both the winter and spring performance. However, there are rare circumstances where classes may be required to purchase two costumes.

*Company Dancers with principal roles in our December ballet will be charged a \$30.00 costume rental fee. Rental fees will be billed to your account on November 1st 2020.

Dancers will not be allowed to take their costumes home until the costume is paid for *and* account balances are paid in full.

Rocky Mountain Fee Schedule

Date Due	Description	Amount	Past Due- \$10.00 Late fee assessed
9-1-2020	Registration Fee	\$50.00 per student	9-10-2020
9-1-2020	Performance Fee	\$20.00 per family	9-10-2020
9-8-2020	1 st Quarter Tuition	Per Account	9-18-2020
9-8-2020	Class Leotard Fee	\$20.00 - \$30.00	9-10-2020
11-16-2020	Costume Fee	Per Class	11-26-2020
12-1-2020	2 nd Quarter Tuition	Per Account	12-10-2020
2-1-2021	Competition Fees	Per Routine	2-10-2021
3-1-2021	3 rd Quarter Tuition	Per Account	3-10-2021

PERFORMANCE

At RMD we believe that performing is not only enriching and inspiring, but that it is a vital part of a dancer's education. We believe that our performance policies allow our dancers to increase their technique level while still enjoy the benefit of performing.

In December, our ballet students will perform a full-length ballet "ENCHANTED TOYSHOP". In order to accommodate seating, we will have two performances. We will divide the classes into two casts; however, a majority of the classes will perform in both shows. We will send out information on casts and show times as soon as possible. RMD plans to perform as scheduled. However, due to COVID-19 adjustments may need to be made depending on current governmental directive, venue and social distancing requirements. We are currently waiting to receive information on seating capacity guidelines. Once we have that information, we will decide if we need to add more shows and how many guests each dancer will be allowed.

All classes will participate in our spring performance. In addition, each jazz class will attend 2 competitions giving them several opportunities to perform throughout the year. Our company classes will participate in 3 competitions. Detailed information on performances and competitions is below.

WINTER PERFORMANCE

“ENCHANTED TOYSHOP” Ballet students only

Dress Rehearsal: December 11th (Granger High School)

Performance: December 12th (Granger High School)

SPRING PERFORMANCE

CELEBRATING 20 YEARS!!! – All dancers

Dress Rehearsal: May 14th (Bingham High School)

Performance: May 15th (Bingham High School)

COMPETITIONS

ALL OF OUR JAZZ CLASSES, INCLUDING PRE -JAZZ, will attend competitions. We will also compete our Hip -Hop and Contemporary Routines. Company Ballet classes will also attend one competition. 2021 competition dates are:

April 10th - Company Classes Only (no ballet)- Arise- Granger High School

April 24th - All Jazz classes, Company Classes including ballet- Aspire- Salt Lake County

May 8th - All Jazz classes, Company classes (no ballet)- Gotta Move- Taylorsville High School

Dancers are responsible for competition fees. Fees can range from \$15.00- \$30.00 per dancer per routine. Competition fees are due February 1st 2021. If you paid competition fees for the 2020 season, your competition fees have been carried over and you will not be billed in 2021.

Competitions are mandatory for these classes. We have chosen our dates early so that you can calendar them and keep these dates open. If you are unable to attend any of them please contact the studio director. Dancers must be in regular attendance in order to perform. Dancers will not be allowed to miss class the week prior to a competition.

Detailed information on the competitions will be given, as we get closer to the dates.

Specific performance times are given by the competitions and may not be available until one week before the competition date. Dancers will need to keep the ENTIRE day of the competitions open.

DANCE CONVENTIONS

Each year RMD has the amazing opportunity of attending at least on the dance conventions that comes to Utah. Due to the pandemic, we will not be scheduling at this time. We will keep an eye on the situation and notify you if we feel it is in our dancer's best interest to attend. We hate to miss out on these great opportunities but we don't have enough information to make a decision at this time.

TUMBLING DEMONSTRATION

Our Tumblers will participate in a Tumbling Demonstration. We are in the process of scheduling a date and will notify you as soon as that is set.

SOLO/DUET/TRIO INFORMATION

Many of our dancers choose to compete solos/duets during our competition season. We feel that the one on one time with an instructor as well as the performance and competitive experience makes this a valuable addition to a dancers training. Performing a solo/duet takes a considerable amount of time and effort on both the dancer's and the parent's part. Each dancer receives six hours of instruction with their choreographer. Dancers must work on their own in between sessions so that they utilize their time effectively. Once a choreographer is done with their sessions the dancer must maintain, perfect and improve the solo throughout the year. If a dancer does not work on their routine consistently they will not be able to maintain the level of their routine. If dancers wish to work with their choreographer once their 6 hours is complete they may do so at an hourly rate determined by your choreographer.

Solo fees are \$425.00. The choreography is \$350.00 and should be paid directly to the choreographer. \$75.00 is paid to RMD. All fees must be paid before your sessions are complete. If you choose a choreographer not associated with the studio they will have their own choreography rates. You will need to pay them directly. However, if you use any of the services Rocky Mountain provides, you will need to pay the studio fees as well.

Studio rental: Dancers will sign up *with their choreographer* for studio space to learn their routines. They may also sign up for time to come into the studio and work on their own. When signing up to come on your own please contact Trisha for available times. 10 hours of studio space is included in your fee. \$10.00 per additional hr.

Music cuts & copies: Choreographers will be responsible for editing music and providing copies.

Solo Preview: Rocky Mountain Dance will hold a **solo preview** to help provide the dancers with feedback on what they need to work on. This is usually held in March.

Costumes: Dancers are responsible for choosing their costume. Choreographers will make sure that your costume fits your routine. You may design a costume on your own and have it made or you may order from one of our catalogs. If you choose to have your costume made you will need to choose your own seamstress and work with them directly. To order from a catalog you will need to come to the North studio to look through the books. We do not allow costume books to be taken home. Most catalogs will offer an online catalog as well for those who are not able to look through the books at the studio. Once you have chosen a costume we will need to order it for you, as catalog companies do not allow individuals to purchase from them. Please keep it mind that it can take 12 weeks for costumes to ship so order early. All costumes, as well as shipping fees, are paid for by the dancer. Sizing is determined by the parents and any fitting problems including return and exchange fees are covered by the dancer.

Competitions: Most of our soloists choose to compete in 3-5 competitions during the season. Competition season usually begins in March but a few are held as early as February. Once dancers choose which competitions they will be attending, **parents are responsible for registering their soloist.** As we get closer to competitions we will send home competition dates and deadlines for the competitions we will be attending. Please speak with your individual choreographer about skill level and style of dance to register for. After choosing your competitions, please e-mail Trisha so that we know which dancers will be attending each competition.

A guideline of what is involved in a solo is as follows:

Choose a choreographer- all of the instructors at our studio are available for choreography. If you need help choosing a choreographer or have already chosen one please let Trisha know--**Choose music-** Individual choreographers can help in choosing music but it is the parent and dancer's responsibility to find possible choices--**Choose a costume--Contact your choreographer to set up practice times.** You may also schedule the studio to rehearse on your own in between practice sessions with your choreographer. Studio rental is included in your solo fees.--**Register for competitions-** RMD will provide information on the three competitions that we will be attending. However, it is the parent's responsibility to register their dancer. Detailed information will be given, as we get closer to the competition season.




If you are planning to compete your 2020 solo during 2021 due to competition cancellations please email us at info@rockymountaindance.com to notify us. Dancers who have already learned and paid their solo fees can rent the studio for practice at \$10.00 per hour.

RMD COVID-19 POLICIES & PROCEDURES

As we prepare to open our studio on September 8th, we are committed to the health and safety of our dancers, staff and extended dance family members. We have extensively reviewed all of the recommendations provided to us and are prepared to offer our students a safe environment while continuing their dance training. Please carefully review all policies listed below.

-Dancers should not attend class if they are experiencing illness of any sort. This includes but is not limited to fever, sore throat, stomach pain, cough. Please assure your dancer that all illness related absences are excused. There will be no repercussions for missing. However, this does mean that all dancers and parents need to be much more aware of unexcused absences.

-While in the yellow phase of the Governor's Utah Leads Together Plan, our common areas will remain closed. Dancer's will enter directly into the studios limiting contact with other dancers not in their class. This allows us to effectively be able to provide contact tracing should we need to. Attendance will be taken in all classes.

 While our lobby is closed, we ask parents to be very conscientious of avoiding early drop off or late pickup of dancers. This is critical in maintaining the safety of our students. Dancers last class of their day will end 5 minutes early allowing us time to disinfect the studios between classes.

-Dancers are required to wear facial coverings while entering and exiting the studios. They are encouraged to try to wear them during class but in accordance with the CDC's guidelines they may remove them during strenuous activity if necessary. RMD staff will be wearing facial coverings and will be symptom checked

-Instructors will meet students at the doors providing them with hand sanitizer upon entering and exiting. We ask that students remove their shoes upon entering so they don't walk on the dance floor with outside shoes on. Please have your dancer bring a small dance bag, limiting what they bring into the studio. They will keep their belongings with them and will not be using the storage areas located in the common areas. Drinking fountains will be turned off- dancers should bring a water bottle with them to class.

-Instructors will keep dancers as distanced as possible during classes.

-The health department has provided us with **detailed** information on how to handle any reports of a RMD dancer testing positive for COVID-19. If a dancer has a family member or has come in direct contact with someone who has tested positive that dancer is required to quarantine for 14 days. We will provide access for virtual learning during that time. If a dancer tests positive RMD will notify their entire class (keeping names confidential) and depending on the last day of exposure to the class, the class will quarantine for 14 days and will train online.

-RMD has the ability to transition between live and virtual classes as necessary. As long as equal classes are provided tuition will remain the same.